



Standing Strong Together™

COMMUNITY BUILDING LEADERSHIP TRAINING CERTIFICATION

Session 6 - Being The Voice of Change

February 10, 2021



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Being The Voice of Change

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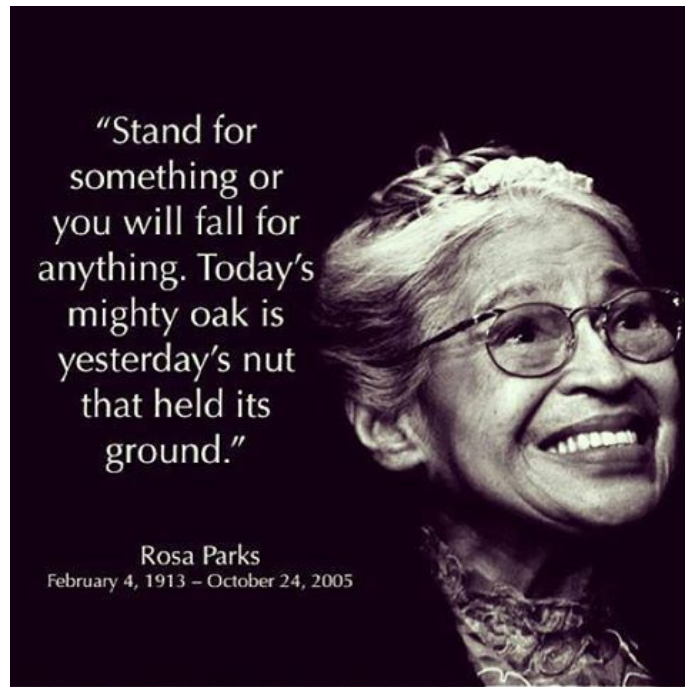
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Blue Ribbons Worldwide
1521 West 2550 South, Ogden,
Utah 84401
San Diego - 760-753-0963
Salt Lake City – 866-8119504

This curriculum has been
conceived and written by:
Helice "Grandma Sparky" Bridges
for Blue Ribbons Worldwide

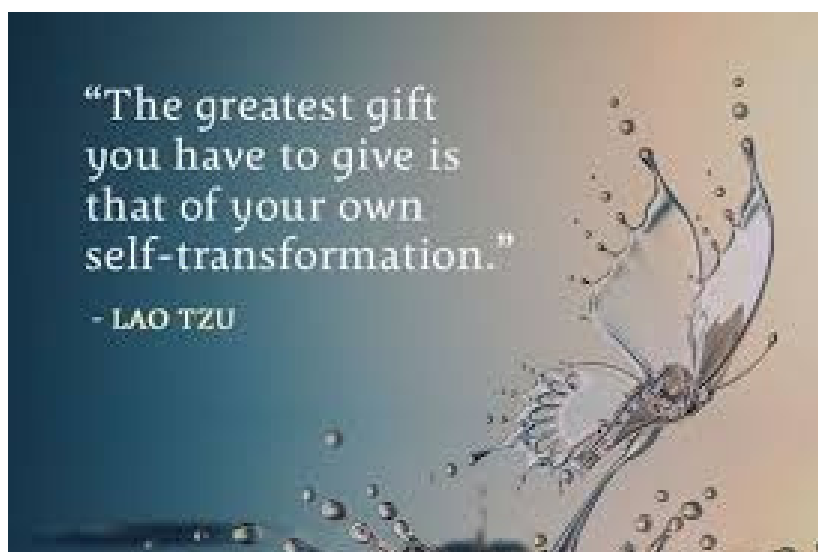
BEING the VOICE OF CHANGE

Support and Empower the Dream



We Stand Strong Together

There is something deep within you that craves to be heard by the world. Your soul's voice deserves to be heard by all people. Your life and work make a difference. Together we're listening and so is the world.



Speak to Be Heard

Your Graduation Speech/Story Framework

This framework was donated to Blue Ribbons Worldwide by Dana Bristol Smith, Founder Leap to Success whose mission is:

To educate and empower women who are overcoming domestic violence, homelessness, and other major life challenges to reach their greatest potential.

Grandma Sparky has adapted this framework for her Standing Strong Together students.

5 minute speech guidelines:

Begin with a quote. *Source a quote that speaks to your heart and purpose.*

Answer the following questions:

Where I was when I first came to Standing Strong Together™?

- What dreams did I have for myself and the world?
- What difference did/do I want to make?
- What challenges did/do I want to overcome?

Note: *This may include your thoughts, emotions, behaviors, life situation, and what brought you to Standing Strong Together™ initially.*

What difference did combining youth and adults make for me?

- How have I grown? (*new awareness, healing, support, etc.*)
- How are relationships different with myself, family, friends, others?
- How am I making my dreams come true and supporting the dreams of others?

Where I'm going - What I aspire for my life.

- New goal(s) and how I plan to get there.
- How what I've learned in Standing Strong Together™ will help me get there.
- How I want to give back to others. (*advocate, empower, inspire or?*)

Prepare Your Message to the World

Utilize Standing Strong Together™ Ingredients:

- Focus on What's Working.
- Honor Someone.
- Acknowledge Worth of Self.
- Acknowledge Worth of Others.
- Build Trust.
- Speak from Love – Peace – Unity.

Review SST Sessions 1-5

Session 1 – The Blue Ribbon Foundation

- Keep it simple – Physical and Virtual Blue Ribbon Ceremony
- End conflict in a minute or less.
- Always focus on love.

Session 2 – The Blue Ribbon Focus

- Create Love, Peace, and Unity in a minute or less.
- Navigate Uncertainty.
- Overcome Obstacles.

Session 3 – The Blue Ribbon Present

- Quiet the Mind.
- Enhance Emotional and Physical Health.
- Maslow's Hierarchy & The Blue Ribbon.

Session 4 – The Spirit of Higher Thinking

- Intrinsic Values.
- Higher Thinking.
- Reframing Mindset.

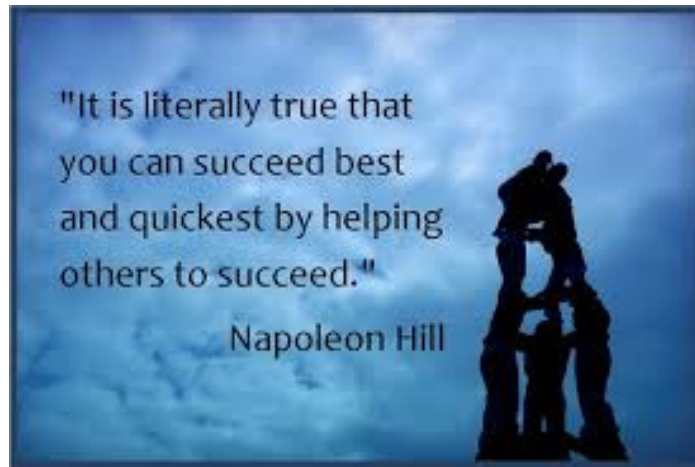
Session 5 – The Spirit of BING!

- Making Dreams Come True™ with The Blue Ribbon
- Cheer Each Other On.

Teamwork Makes the Dream Work



"None of us is as smart as all of us."
Ken Blanchard



HELP US BRING THE BING!
The Sound That Makes Dreams Come True™

Session 6

SOUL WORK

1. Prepare your 5 minute message to the world.
 - Use the framework on page 4 to develop your message.
 - Breathe. Quiet your mind.
 - Feel the Difference You make.
 - Write from your heart. Your authenticity makes all the difference.
 - Practice your message in the mirror.
 - Give yourself a BING! Lighten up!
 - Fall more in love with yourself with every word you write.
2. Honor yourself with a Who I Am Makes A Difference Blue Ribbon
3. Please email your speech to Grandma Sparky ***no later than Monday, Feb. 15 – 10 p.m.*** PST. Grandma Sparky will read every word you write and email you a personal thank you no later than Tuesday, Feb. 16, 8 p.m. PST.
4. Be certain to always have previous guidebooks by your side during sessions.

Together We Are the Voice Uniting Humanity Through the Power of Love!

WHO YOU ARE MAKES A DIFFERENCE!

Love Grandma Sparky

BING!

